**Vanier Catholic Secondary Physical Education 8**

**Module Program**

The goal of the Physical Education Module Program is to provide students with greater flexibility regarding the activities offered within PE class. Students will have some degree of choice while maintaining the requirements of the physical education curriculum. The purpose is to allow students to select a series of activities, which they feel are of greatest interest, in turn teachers have an opportunity share their expertise with a larger base of students.

**Program Requirements:**

1. Each student must select **at least 2** different team sport modules.

Examples: volleyball, basketball, football, soccer, minor games,

outdoor pursuits (softball, capture the flag, hockey)

1. Each student must select **at least 2** different individual sport modules.

Examples: badminton, track & field, gymnastics, orienteering,

Arctic sports

1. Each student **must select 1** dance module
2. Each student **must select 1** fitness theory module
3. Each student **must select 1** PE 101 module
4. Each module will consist of ~10 classes in total
5. Student evaluation for each module will be done by the module teacher, and not necessarily by your assigned teacher for the year. All Vanier Physical Education teachers use the same evaluation outline.
6. Class size limitations mean that a minimum of 20 students must select an activity module, and no module may have greater than 30 students attending. Popular modules will be offered more than once so that all students have an opportunity to participate in activities of their choice.

**Physical Education 8**

**Module Program**

**Evaluation:**

**Physical Education Activity Modules 100%**

Evaluation within each of the **ten modules**, selected by the student, will be based on safety, fair play & leadership components, and the movement or skill development. Each module focuses on different activity outcomes, therefore, the value placed on each of these may vary within the module. Each of modules will be worth 10% of the students overall mark. Students will be notified throughout their modules as to how they will be evaluated.

**Expectations:**

Participation in class is essential to achieve the learning outcomes of physical education. Therefore, students are always expected to have proper gym strip and be prepared to fully participate, even if illness or injury requires a modified level of activity. Our policy is that each student participates to the best of his/her ability.

It is also an expectation within our PE program that all students treat each other with respect and dignity, regardless of gender, skill or nationality. We

endeavor to make our PE classes challenging, but in a fun, positive atmosphere, with the goal being to instill the enjoyment and desire to make active living a lifelong pursuit.

**Physical Education 8 – Module Selection Sheet**

**Full Name (print): \_\_\_\_\_\_\_\_\_\_\_\_\_\_****\_\_\_ Returned: \_\_\_\_\_\_\_\_**

**For each of the modules below, label a 1, 2 and 3 in the order of preference you have for the activities offered in that module. Please note that sign-up for first preference will be given on a “first come first serve” basis. So get your sheet in as soon as possible!**

Module #1: PE 101 \_\_\_\_\_ / volleyball \_\_\_\_\_ / outdoor soccer \_\_\_\_\_

Module #2: PE 101 \_\_\_\_\_ / volleyball \_\_\_\_\_ / fitness practical \_\_\_\_\_

Module #3: PE 101 \_\_\_\_\_ / badminton\_\_\_\_\_ / fitness theory\_\_\_\_\_

Module #4: all students will take part in archery & minor games during this

short month of December

Module #5: badminton \_\_\_\_\_ / fitness practical\_\_\_\_ / fitness theory\_\_\_

Module #6: dance \_\_\_\_\_ / fitness theory \_\_\_\_\_ / basketball\_\_\_\_\_

Module #7: dance \_\_\_\_\_ / fitness practical \_\_\_\_\_ / basketball \_\_\_\_\_

Module #8: dance \_\_\_\_\_ / outdoor pursuits \_\_\_\_\_ / arctic sports \_\_\_\_\_

Module #9: all students will take part in the group dance section

Module #10: football \_\_\_\_\_ / track & field \_\_\_\_\_ / minor games \_\_\_\_\_

**Remember that you must take at least two team sports and two individual sports. A fitness classroom, PE 101 and a dance/dance group modules are all mandatory to meet our curriculum guidelines.**

**Parent Signature: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**